

## BRAMLEY OAK ACADEMY LUNCH MENU - AUTUMN TERM 2023 AND SPRING TERM 2024

<p><b><u>WEEK (1)</u></b>  <b>(15.4.24) (6.5.24) (3.6.24) (24.6.24)</b>  <b>(15.7.24)</b></p> 	<p><b><u>WEEK (2)</u></b>  <b>(22.4.24) (13.5.24) (10.6.24)</b>  <b>(1.7.24)</b></p> 	<p><b><u>WEEK (3)</u></b>  <b>(29.4.24)(20.5.24)(17.6.24)</b>  <b>(8.7.24)</b></p> 
<p>Chicken Goujons, Homemade Wedges &amp; Beans Vegetable Nuggets <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Fruit Meringue Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Thai Chicken Curry with Rice Thai Vegetable Stir Fry <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Strawberry Mousse Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Roast Leg of Lamb, Roast Potatoes &amp; Carrots Vegetable Crumble <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Peach Crumble and Cream Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Beef Burger in a Bun, Chips &amp; Peas Vegetarian Burger <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Rice Pudding and Honey Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Fishcakes, Herb diced Potato &amp; Hoops Roasted Mixed Mediterranean Vegetables in a Garlic &amp; Tomato Sauce <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Yoghurt or Fruit</p>	<p>Cheese and Ham Pasta Carbonara Vegetable Pasta with Basil &amp; Tomato Sauce <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Lemon Cheesecake with Cream Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Chicken Fajitas with Salad &amp; Fries Vegetarian Fajitas with Salad <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Banana Mousse Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Roast Beef and Yorkshire Pudding Roast Potatoes, Carrots &amp; Parsnips Stuffed Fried Mushrooms <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Chocolate Sponge and Custard Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Minced Beef Lasagne with Garlic Bread Vegetable Lasagne <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Jelly and Cream Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Breaded Haddock with Chips &amp; Beans Macaroni Cheese <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Pineapple Wedges Fruit or Yoghurt</p>	<p>Cheese and Tomato Pizza with Salad &amp; Beans <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Chocolate Brownie Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Poached Chicken with a BBQ Sauce with Boulangere Potatoes and Broccoli Cauliflower Cheese and Jacket Potato <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Chocolate Mousse Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Roast Chicken with Stuffing Roast Potatoes, Carrots &amp; Peas Vegetable Meatballs in a Cheese Sauce <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Strawberries and Cream Yoghurt or Fruit.</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Minced Beef Cobbler, New Potatoes &amp; Sweetcorn Vegetable Spring Rolls with Sweet Chilli Sauce <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Bananas and Custard Yoghurt or Fruit</p> <hr style="width: 20%; margin: 10px auto;"/> <p>Meatballs with a Garlic Sauce and Rice Cheese &amp; Onion Quiche with Chips <b>(V)</b> Jacket Potatoes/Salads/Cold Meats Ice Lollies Selection of Yoghurts</p>

- Bramley Oak school lunches can:
  - Develop your child's social skills, by eating with others.
  - Develop you child's taste for different foods.
- We are currently starting to grow our own vegetables and herbs. These will be available when in season.
- All pupils have a drink and a healthy snack each morning free of charge.
- **V** – Vegetarian Option.

#### Menu Facts

- Our menus meet recognised nutritional standards for children.
- No genetically modified ingredients or mechanically recovered meats are used.
- All meat dishes are only made from quality cuts of meat.
- Additives – it is our policy to use food products containing no, or minimal additives, and only use those on the government's permitted list.

#### Pupil/Staff/Visitor Promise

- Listen and respond to their need.
- Treat everyone equally and with respect.
- Aim to achieve consistently high levels to their satisfaction.
- Adhere to high hygiene and health safety standards.